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## **FROMTHEEDITOR**

**WITH Claire Inkson - OPINION** 



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# Introducing our new rural content editor

Iam a farmer's daughter and have lived on a sheep and beef farm for almost all of my life. I was born in the Hawke's Bay, but most of my childhood was spent on our family farm at Motunau Beach, North Canterbury, where my parents finally settled in the late 1980s. My father was passionate about agriculture, an astute businessman and advocate for farmers. He was the founding member of the SNA group and part of the Wool Action Group, eventually becoming a Hurunui District Councillor because he believed if you didn't do something to effect change, then you didn't have the right to complain. So I was raised with robust dinner-table debates around farming systems, politics, and the state of the economy and farm policy.

My most treasured memories, though, were when it was just the two of us out on the farm. From him, I inherited an intense pride in New Zealand agriculture, a respect for just how hard



Claire Inkson at the recent South Island Agricultural Field Days.

farming can be, and a strong work ethic. He died a few years back, but his legacy is 1200 acres of well-cared-for land and his four grandchildren who are passionate about New Zealand farming and more informed than most kids their age (and some adults too).

We have given the Rural Guardian a little face-lift and added a few new columnists we are excited to have on board. Duncan Humm joins us from NZ Farming, as well as Groundswell spokesperson and chairperson of Rural Advocacy Network Jamie McFadden. We welcome back arable farmer and former Mid Canterbury Federated Farmers president David Clark and dairy farmer Craig Hickman, well-known on social media as @DairymanNZ. Hopefully, we will have our own Rural Guardian social media pages up and running soon. I know how vital the online

space is for keeping our readers informed and creating a sense of community.

With the pressures in the farming sector, it has never been more important to look after our mental health and keep the conversation around well-being flowing so that the agricultural community can be a place of safety and support. In this light, we have introduced a new segment, Rural Recharge, in which we will chat with those in our industry who are involved in the rural health and well-being space. We kick this segment off in style with Rural Support Trust ambassador Matt Chisholm.

This paper is aptly named the Rural Guardian, and I love that because that is what farmers are: guardians of the land. This paper is yours, so while we are committed to delivering fair and unbiased news, first and foremost, we want to know about your interests too. Please let us know how we can grow and improve the Rural Guardian by emailing me at claire. inkson@theguardian.co.nz.

## Vitriol over cat shoot

#### **By Sharon Davis**

A rural North Canterbury community's attempt to raise money for its local school got more attention than it bargained for at the launch of the competition in April.

A post promoting a new feral cat category in the annual hunting fundraiser for Rotherham School and pool attracted the social media equivalent of a claws-bared hissing and spitting cat fight.

The organisers of the North Canterbury Hunting Competition advertised the new hunting category on April 14 with a \$250 prize for the young hunter who shot the most feral cats.

However, they shut down the new category and removed the post within two days, after a public outcry which the organisers said included "vile and inappropriate emails and messages".

Social media objections came in thick and fast from people concerned their pet cat could be shot, others worried that the cats would suffer before dying, and those morally outraged at encouraging children to hunt and kill cats.

The Canterbury SPCA voiced concern over hunting feral cats. A spokesperson said it was not possible to tell a wild cat from a stray or frightened domestic cat and there was a risk that someone's pet could be shot.

The SPCA was also concerned that young hunters, using air rifles, were more likely to injury animals and cause pain and a prolonged death.

There were better ways to help young Kiwis appreciate New Zealand's biological heritage than organizing killing events, the spokesperson said. SPCA inspectorate team

leader Sam Cairns said cat shootings were not uncommon and did not always result in immediate death.

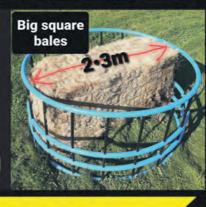
A number of people expressed support for the competition and culling wild cats on social media.

One poster said she could not understand while a local community event would be getting so much hate for a one-off pest control effort, when pest control companies do the same thing for a living 24/7.

"If only people knew the damage wild cats cause around the place", another user said.

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## AGRICALENDAR

This month's rural event round-up

## AgriCalendar May 2023

Date	Event	Details
May 3	Good Yarn Workshop	Held by Rural Women New Zealand Canterbury at the Tinwald Function Centre, Tinwald, Ashburton
May 3	DairyNZ Write a business plan course	Held In Ashburton. Free. Register at www. dairytraining.co.nz
May 3 - 4	Dairy Women's Network Brighter. Braver. Bolder. Conference	Held in Invercargill at the Ascot Park Motel. For more information, and to purchase tickets, go to: https://www.dwn.co.nz/ dwn2023/
May 4	DairyNZ Business by the numbers course	Held in Gore. Free. Register at www. dairytraining.co.nz
May 8	Dairy Women's Network Pink Ribbon Breakfast Selwyn & North Canterbury event	Café 51, Oxford. Tickets \$35. Register at www.dwn.co.nz
May 9	DairyNZ Farmers Forum	Held In Ashburton at the Ashburton Events Centre. Events are free to levy-paying dairy farmers and their staff, the cost to rural professionals is \$150 incl. GST .To register and for more information, go to: https:// www.dairynz.co.nz/about-us/event- activity/farmers-forum-2023/
May 10	2023 Deer Industry Conference	Held at the Hotel Ashburton. Tickets available at www.deernz.org
May 10	Dairy Women's Network Pink Ribbon Breakfast	The Flying Pig Café in Duntroon. Register online at www.dwn.co.nz

Date	Event	Details
May 13	National Dairy Industry Awards	Cordis Auckland. Tickets available at www.dairyindustryawards.co.nz
May 15	Regional Agritourism Accelerator Program	Westcoast, Location to be confirmed. For more information, and to register go to: https://www.agritourism.nz/2023-regionalagritourism-accelerator.html
May 16	SMASH Seminar: Stepping back successfully	Held at Croydon Lodge Hotel, Gore. Tickets are free, book at www.smallerherds.co.nz
May 17-18	Rural Coach Ignite Leadership Programme - Ashburton	Held at Hotel Ashburton. To find out more or to register, please click here: https://www. ruralcoach.co.nz/ignite-rural- leadership/
May 18	SMASH Seminar: Stepping back successfully	Held at Ashley Hotel, Greymouth. Tickets are free, book at www. smallerherd.co.nz
May 22	South Island and New Zealand Sheep Dog Trial Championships	Held in Balclutha. For more information visit www.sheepdogtrials.co.nz
May 22	Dairy Women's Network Pink Ribbon Breakfast North Canterbury	The Red Post café, Culverden. Register at www.dwn.co.nz
May 26	Rural Support Trust Time Out Tour with Matt Chisholm	Middlemarch, Otago. Register at www.rural-support.org.nz



# Regional finals showcase the next generation



The gumboots were on and the I stakes were high.

After a gruelling day of showcasing his farming credentials at the Ashburton Showgrounds, Peter O'Connor was awarded the Aorangi FMG Young Farmer of the Year.

The Pendarves Young Farmers Club vice chairperson and dairy farm manager was one of eight Aorangi Young Farmers vying for the regional title at the finals on Saturday.

The event, hosted by the Pendarves Young Farmers Club, saw contestants complete a series of challenges that tested their practical skills and agricultural knowledge.

The finalists had an exam on Friday night, followed by the



Regional winners James Bell, who came second, Peter O'Connor winner of FMG Young Farmer of the Year, and Jess Cunliffe, who came third.

practical day on Saturday where they kicked things off by building a worm farm, Pendarves Young Farmer and event convenor Ashleigh Bell said.

In the afternoon they went into their second head-to-head, Agri-

Instead of building something, they completed different tasks in a race format.

The day was finished off with a quiz on Saturday night before the points were tallied.

The event was organised entirely by club volunteers, giving organisers a chance to hone their leadership skills, and club members an opportunity to network and connect.

"It gets people off the farm, and some just enjoy the social



Regional finalist James Bell and MC Te Radar.

PHOTOS: CLAIRE INKSON

aspect, to talk to people and make new friends. Others find it great for leadership growth,"

Television personality Te Radar, who has been involved with the Young Farmer of the Year competition since 2017 as MC, kept spectators at the showgrounds entertained as the finalists worked their way through the challenges.

"You are looking for people who not only have the practical and intellectual skills to be the FMG Young Farmer of the Year," Radar

"You are also looking for people with leadership and business

"But I think for the community, its entertainment.

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## RURALGUARDIAN



Regional finalist Andrew Allan stomping on water balloons in the Agrisports head-to head challenge. PHOTOS: CLAIRE INKSON

"You get to come together and celebrate some incredible young people."

The event included an AgrikidsNz challenge and the FMG Junior Young Farmer competition.

"You see the generations coming through. They go from the Agrikids



Jess Cunliffe tackles the worm farm challenge.



Junior Young Farmers face-off in the quiz.

to the Juniors, and then you see them go onto the FMG Young Farmer of the Year," Radar said.

"You watch people grow up. What stands out for me is the ongoing relationships you have with people."

After being awarded the title at the Hotel Ashburton ceremony

on Saturday night, O'Connor said he was excited and nervous to be heading to the national finals.

"You've just got to give it a crack. It doesn't matter where you come; you'll learn something.

"That's what you get out of these competitions. It exposes



The first head-to-head saw competitors construct a worm farm.



Te Radar entertains spectators during the Junior Young Farmers face-off quiz.

you to new knowledge, and that's going to help you progress."

O'Connor shared the podium with James Bell, who came in second, followed by Jess Cunliffe in third place.

Waihi Stags from Waihi School won the AgrikidsNZ category, and the title of Aorangi FMG Junior Young Farmers of the Year went to Jack Foster and James Clark from Mt Hutt College.

All winners from the seven Young Farmers Club regions will compete in the FMG Young Farmer of the Year grand final in Timaru in July.





## Paying the kindness forward

I thought I'd start off this attempt at a column by sharing one of my favourite stories this year from behind the scenes in my role at NZ Farming, quite a serendipitous full-circle yarn. The day was the immediate aftermath of the Kaikoura Earthquake, A group of Blenheim-based lads brought together by NZ Farming founder Tyler Fifield had been doing what they could with their building skills and tools to help anyone they could find needing help with securing/ weather proofing homes and then also onto the massive task some farmers were having on farm with fencing, water supplies etc. By chance when word got around they were heading down most days to the Clarence Valley, someone from Renwick Preschool got in touch to see if they could deliver some care packages wherever they were heading, no problem! These awesome boxes were filled of basic supplies but also home baking and some great notes of support from the kids at the preschool. One of the recipients was Sarah

Murray and her family. We were one of the first to make it up their driveway after the event and at the time they were exceptionally grateful to know there were others thinking of them while they were facing such a colossal challenge of rebuilding their property. Fast forward a few years and Sarah's family had moved up to another farm close to Blenheim

and their kids had begun going to the same Renwick Preschool. If that itself wasn't an interesting coincidence, it was about to come full circle.

Once it started becoming apparent just how bad Cyclone Gabrielle was shaping up, Sarah and others from the Preschool immediately got to work organising a truck for the ferry to take a load of boxed up care packages north. As the truck set off for the Ferry they didn't know where it was going, only knowing it was needed, so Sarah thought to reach out to us, as we had begun trying our best to start connecting those with something to give, to those that would be



Cyclone Gabrielle caused huge damage.

in need. By this stage I'd been linked up with a few people with their own small planes that were equipped for landing in isolated places and most importantly, well skilled and experienced. All we needed was local intel for places to go and favourable weather to dry

most farm airstrips out. Once we had some leads it was established that we could store the goods with Jenn and Rob Evans at Smedley Station near Tikokino, they also had a good airstrip but the track to it was damaged and was in the process of being opened

back up. We had a window for the planes to fly so we needed a plan B, which in a flurry of looking at some maps and then asking around I found another strip we could use belonging to James and Kate Butler, who without hesitation also offered to help with the logistics of getting planes loaded with boxes bought down from Smedley, even loaning their own generator to an isolated family, which required all the seats and a door to be taken off a plane to get it loaded! And so within the first week of such a terrible event, and a huge effort by many, Sarah had been able to pay forward the generosity and kindness as a parent of kids from the same Renwick Preschool. I was proud to have been one of the many involved with making it happen, I'm also glad to be able to have the chance to share this story with you.



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Alongside farming, Jeff was a distinguished General Manager within the exploration drilling and resource industry across Mexico, Africa and Australia. Here, he managed and negotiated complex clients, projects and contracts with a \$60M annual turnover.

Throughout his time abroad, Jeff has always maintained strong connections with his farming operations. He is a man of integrity and equipped with vast local knowledge and market trends of the Ashburton area and its surroundings.

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## National's bold promise to cut

The National Party (NP) has promised to cut red tape and one-size-fits-all rules for farmers in its new agricultural policy announced recently.

National plans to reduce the compliance requirements, repeal Labour's three waters reform programme, scrap the unpopular ute tax and relax immigration laws to get more workers on farms.

Mid Canterbury wouldn't exist without farming, and it will be farming that brings us through the impending recession, said NP candidate for Rangitata, James Meager.

"It's time to stop punishing farmers. A National government will get Wellington out of farming and let farmers farm. We will reduce costs, remove immigration barriers to employment, and scrap out-of-touch regulation.

"Agriculture directly makes up a third of our economy, and the associated services drive growth and jobs in almost every other sector and industry."

National planned to make it easier for both new and old New Zealanders to build a life. This included doing away with median wage requirements for migrant workers, providing multi-year visas for seasonal workers, and giving migrant workers access industry training at domestic rates.

The NP would also make it easier for migrants to become residents with a direct path to residency.

"We believe in local solutions to local problems, and will replace one-size-fits-all rules with local decision making. Current winter grazing and stock exclusion rules would be scrapped and replaced with catchment-level rules to account for local conditions. We'll also remove excessive compliance requirements for small water providers of less than 30 connections, returning control to small rural communities."

It was time to allow Mid Canterbury to get back to farming, Meagre said.

### Local farmers welcome decentralisation

Federated Farmers has welcomed the National Party's new agricultural policy and its move to decentralised decision making.

Mid Canterbury Federated Farmers president David Acland said National's policy revisited a lot of the frustrations that farmers had.

He particularly welcomed National's decentralised approach that would allow locals to solve local problems.

"Mid Canterbury is very different from the east coast of North Island. We need to have the tools to deal with that."

Acland said another positive was National's commitment to engaging with farmers.

Increasing the number of workers allowed under the Recognised Seasonal Employer (RSE) scheme would help the dairy and agricultural sectors. The dairy sector in particular had a critical shortage of workers, he said.

"Pathways to allow immigrant farm workers to become part of the community is important too."

However, Acland described National's one-for-two proposal to reduce the number of farm regulations as a gimmick.

"There is nothing wrong with regulation if it is done well."

The focus should be on good policy development.

Farmers had made good progress in the last few years and he did not want to see that work lost.

Acland said farmers were feeling downbeat and kicked around and he welcomed any positive engagement to get farmers motivated. Groundswell welcomes Nation-

al's proposals
Farm lobby group Groundswell
NZ said the National Party's new
agricultural policy included a lot
of changes that the group had
been calling for.

While viewing the new policy with "a healthy dose of scepticism", Groundswell NZ co-founder Bryce McKenzie said the new policy gave farmers a lot to feel hopeful about.

"National has heard our repeated calls for local approaches to agricultural regulations as one size just does not fit all. We would love to see Wellington deferring to



James Meager: It will be farming that brings us through the impending recession.

local experts and not just barking orders from the capital."

The proposals for seasonal workers would be welcomed by dairy farmers and horticulturalists, in particular. While the ban on foreign farm-to-forestry conversions for carbon offset was a policy all farmers could support.

"Groundswell NZ supporters have been urging the Government to review all existing regulations and their impact on farming and rural communities since our inception."

Farmers would welcome the establishment of a Rural Regulation Review Panel, McKenzie said.

However, National needed to provide more information on their plans for emissions pricing, He Waka Eke Noa, and NPS Freshwater policies.

"They also still broadly support the Zero Carbon Act which comes with a concerning number of fish hooks. We will be keeping a close eye on where they go with these issues.

"The closer we get to the ballot box, the more we must focus on holding all parties' feet to the fire. We aren't party-aligned and although we are glad to see National has listened to what we are saying, we will continue to advocate for farmers and rural communities to everyone with the potential to sit in the seats of power," McKenzie said.

### Significant step in the right direction

Beef + Lamb New Zealand (B+LNZ) have welcomed the new policy and called it a significant step in the right direction.

The sweeping changes to farm regulations could would improve access to workers, restore local decision-making, and protect food production should National win this year's general election

Chief executive Sam McIvor said B+LNZ said it was pleasing to see National recognised the importance of striking a balance between environmental and economic outcomes. This was essential for the long-term viability of the agricultural sector, and New Zealand as a whole.





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## red tape for farmers

"We need to see further details, but it's encouraging that they are trying to correct some of the existing unworkable rules that B+LNZ has been raising concerns about."

McIvor was pleased to see National look to address the fair definition of a Significant Natural Areas (SNAs) to ensure that the right areas of our precious biodiversity are protected.

While a major concern for sheep and beef farmers was the scale and pace at which farms were being sold to convert into forestry, which was driven by the carbon price. This was also something National planned to address.

### A step backwards for environmental credentials

Agriculture minister Damien O'Connor said National's plan would undermine the agriculture sector's environmental credentials and take the sector back decades.

"Consumer behaviour is changing. Overseas buyers will not want to purchase our products if we don't maintain - and build on - environmental standards."

He said primary sector exports had hit record levels of more than \$53-billion because farmers and growers had been successfully demonstrated environmental credentials to the overseas market.

"We have secured or upgraded seven Free Trade Agreements



Damien O'Connor says National's plan would undermine the agriculture sector's environmental credentials.

since 2017, which is in stark comparison to National's three over nine years."

National's new agricultural policy was another backwards, uncosted policy that put New Zealanders' jobs and record export growth at risk.

O'Connor said Labour's policy was working.

Our focus is to support a smart economy that grows exports, reduces emissions, and maintains our international competitive edge.

"With total exports hitting record levels of nearly \$90 billion, we need to keep building on our success," he said.

– Sharon Davis

## National's farming package includes proposals to:

- Double the cap on seasonal workers from 19,000 to 38,000 over the next five years.
- Scrap the requirement to pay seasonal workers a median wage of \$30 an hour to allow wages in line with local workers.
- Create a path to residency for seasonal workers through the Accredited Employer Work Visa.
- Scrap the Three Waters reform and restore council ownership and control of water assets
- Scrap the ute tax.
- Ban foreign investment in farms being converted to forestry for carbon farming.
- Allow the live exports of cattle with new animal welfare rules including purpose-built ships.
- Allow normal rural activities on highly productive land.
- Replace one-size-fits-all rules with local decision making.
  Focus environmental protec-
- tion on areas of high environmental value.
- Improve stock exclusion rules.
- Establish a Rural Regulation Review Panel to consider all regulations affecting farmers.
- Introduce a two-for-one

- rule for every new agriculture regulation, two must be removed.
- Require new rules to be assessed for their costs to farmers, with findings published.
- Introduce a no duplication rule where the Government cannot ask farmers for the same information twice.
- Commit to real consultation with farmers.
- Make appointments to reference and advisory groups based on skills and experience.
- Focus Significant Natural Area requirements on areas that are actually significant and make the rules workable and clear for landowners and councils.
- Change rules for culverts and how wetlands are defined in legislation to only cover actual wetlands, rather than areas with limited environmental value.
- Defer central government rules requiring resource consents for winter grazing until freshwater farm plans are in place, with plans to become risk and outcomes-based.



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WAIKATO\*

# **Beef and Lamb NZ elects** first female chairperson



Mt Somers farmer says her **A**appointment as Beef and Lamb NZ's first female chairperson is the latest step in increasing representation in the sector.

Kate Acland, from Mt Somers Station, is excited about her new role, but says she is just one of many women to hold a leadership position in the agriculture sector.

"There's a bunch of amazingly talented women in leadership roles across our sector," Acland says.

"I don't want to take away from the fact that women at every level of our sector are doing amazing stuff.

'The head of Deer Industry NZ and the head of Irrigation NZ are both female, for example. It just shows the maturity of the sector."

Acland has held the position of deputy chair since June last year and holds a bachelor's degree

in viticulture and oenology, and a master's degree in applied science, majoring in farm management consultancy from Lincoln University.

Acland developed her own vineyard, winery, and processing and export business in Marlborough before moving to Mid Canterbury to join her husband David on his property.

The couple run 30,000 stock units on Mt Somers station, with a mix of beef, sheep, deer, and an 850 dairy cow unit.

The station also runs a standalone honey operation of 400 hives that produce Manuka, Honeydew and Clover Honey from 500 hectares of native vegetation and beech forest.

Acland replaces Andrew Morrison, whose five-year term concluded at the end of the board's annual meeting in New Plymouth in March.

"It was just circumstance and experience as to who was the right person for the job within the board.

"We have quite a broad range of enterprises.

"I think that we are quite diversified in what we do, and that helps, as well as a bit of business



Kate Acland.

experience," Acland said.

Farm policy changes and incoming regulations have seen some farmers express their frustration at industry bodies, with Morrisons' ousting from the Southern director seat seen as

PHOTO: CLAIRE INKSON

a sign by some that farmers are looking for a change in direction from Beef and Lamb NZ.

"It's pretty tough out there for farmers at the moment.

"It's the uncertainty and the scale and pace of the government regulation that's coming.

"Farmers are not anti-change. "We have been changing and

adapting for a hundred years.

"That's what makes farming so great.

"But we are faced with poorly thought out regulations that are having perverse effects on what

A more unified approach is needed, Acland said.

"There are all these splinter groups that have popped up, and generally, everyone who has a voice out there wants the same stuff.

"If we all want a strong future for our sector, then we need to be together on this. There is a real risk of fragmentation, and then we are all a lot weaker.

"I'm a big believer in multiple voices giving the same message. I think that's where we are strongest."

Acland said that while a seat at the table is not the goal, it is the best way to ensure a good outcome for farmers.

"If we can't get the right deal, we'll walk away.

"But right now, I think staying there and pushing hard is the best way forward," Acland said.





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# Honesty needed around implications of regulations

One of the lessons I learnt early in my farming career was the need to be well informed on regulations that directly impact us as farmers.

I was 17 years old when ecologists came to survey our Canterbury farm in 1983. Despite receiving the standard 'the survey information would be public information' and warnings from a neighbour, our family agreed to the survey. In 1999 I found myself defending our family in the Environment Court as other parties used the survey information to try to capture as much of our land as possible under Significant Natural Area (SNA) classification. It wasn't until West Coast Federated Farmers sent us a detailed advisory in 2001 that we fully understood the implications of allowing surveys and having SNAs on our land.

District and Regional councils are required to implement government regulations.
When it comes to regulations and classifications like SNAs, landscapes, and cultural sites, councils are loathe to reveal the full implications for fear of upsetting their constituents and making their planning



Jamie McFadden - Farming groups are in a tent with the government.

process more difficult. Thus, most farmers remain unaware of the implications of many of the regulations being rolled out by the government and councils.

To make matters worse we now find ourselves in the situation where even our national farming advocacy groups are not providing farmers full and accurate information. Emissions pricing is a case in point.

Because our farming groups are in the tent with the government and agreed to help design an emissions tax it compromises their independence as an advocacy voice. They are reluctant to tell the full story because of concerns it may reflect poorly on them and what they have agreed to. He Waka

Eke Noa (HWEN) has become a slick marketing campaign rather than genuine consultation with farmers. HWENs campaign focused on promoting why the ETS was so bad and downplayed or ignored the downsides of their own option. Particularly disappointing is how HWEN and the industry groups have misled over sequestration credits as they

became desperate to gain farmer support for HWEN.

Farmers can no longer trust our farming advocate groups to provide us with the truth about policies and regulations, particularly those our farming groups have agreed to, or are helping the government implement. The main ones are emissions pricing, sequestration credits, biodiversity legislation including SNAs, implications of allowing surveys on your land, and Freshwater Farm Plans. Farmers are completely in the dark over the governments mandated farm plans including the public information implications.

Over the next few months, we will be putting articles and videos together that provide farmers with information about these policies and regulations. Farmers are contacting us requesting this information and we welcome feedback on other regulations and policies to be added to the list. If farming groups, councils, and the government were doing their job properly we wouldn't have to be doing this.

Jamie McFadden – Groundswell NZ environmental spokesperson



## Medals success for small rural cheesemaker



karoa-based Barry's Bay Acheese won eight medals in the annual NZ Champions of Cheese Awards last month.

Owner Daniel Shields said the small rural cheese factory had entered the cheese awards since they started 20 years ago and was one of New Zealand's most awarded cheese makers.

This year they brought home two gold, four silver and two bronze medals despite not being able to enter as many cheeses as usual because cheese sales were high.

Customers had been "voting with their mouths", Shields said.

Barry's Bay Cheese was awarded a gold medal for their Canterbury Red in the retail cheddar category. Their handcrafted Wainui Vintage Cheddar got a silver medal while their Cold-smoked



Barrys Bay cheese factory.

Appletree Cheddar was awarded a bronze medal.

The Three Boys Brewery Oyster Stout Cheddar won gold in the aged flavour cheddar category, and the Cumin Spice Cheddar

won bronze.

Barry's Bay Cheese also picked up a silver medal in the Dutchstyle category with their Gouda, while the Gruyere and Havarti cheeses won silver awards in the

European-style category. The cheeses were blind tasted

by the judging panel. Shields said it was great to

have the effort of a small rural business, which supports a rural PHOTO: SUPPLIED

economy, recognised. The category champions were selected from the gold medal cheeses. This year's champions would be announced at a gala dinner early in May, he said.



## Winter grazing



### Preparing for a successful winter grazing season.

We are undertaking a flight over the Ashburton district in May to observe how farms are set up for winter grazing this season.

This will be in a fixed-wing aircraft, over some parts of the region. Staff members and an industry representative will be onboard to observe winter grazing crop preparations. Follow up will occur with advice and guidance where needed, and we plan to do a follow up flight in winter during winter grazing.

Remember, if you're practicing winter grazing on your farm, you need a written management plan that details how you will manage environmental risks.

For more information on our winter grazing flyovers, visit ecan.govt.nz/winter-grazing or contact us on 0800 324 636.



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## A wedding with a view

Nestled in the heart of the Southern Alps lies the stunning Mount Cook Station and its wonderful wedding venue.

It's a picturesque location,

which has become a popular choice for couples looking to tie the knot or renew their vows. With its breathtaking views, pristine surroundings, and rich history, it's a unique and unforgettable location for any special occasion. And it has history by the bucketload. Dating back to the 1850s, Mount Cook Station is one of the oldest and most historic high-country farms in the country. It boasts a rich cultural heritage. The station has also been a popular filming location, featuring in movies such as The Hobbit and Mulan.

But it's the natural beauty of Mount Cook Station that truly sets it apart and why it's the ultimate wedding venue.

The station is surrounded by stun-

ning scenery, with majestic snow-capped mountains, crystal-clear lakes, and rolling hills covered in native flora and fauna. That perfect backdrop helps make for a romantic and unforgettable wedding or vow-renewal ceremony.

For couples who also want to embrace the outdoors, Mount Cook Station offers a range of activities, including hiking, horse riding, fishing, and hunting. There are also plenty of options for accommodation, from luxury lodges to rustic cabins, ensuring that every couple can find the perfect setting for their special day.

Another unique feature of the Mt Cook Station wedding venue is the option for couples to arrive in style via helicopter in a grand entrance that adds to the sense of adventure and excitement. The Location and activities are what makes Mount Cook Station unique. So, whether you're looking to get married, renew your vows, or simply celebrate your love in a spectacular location, Mount Cook Station offers a truly amazing and unforgettable experience.







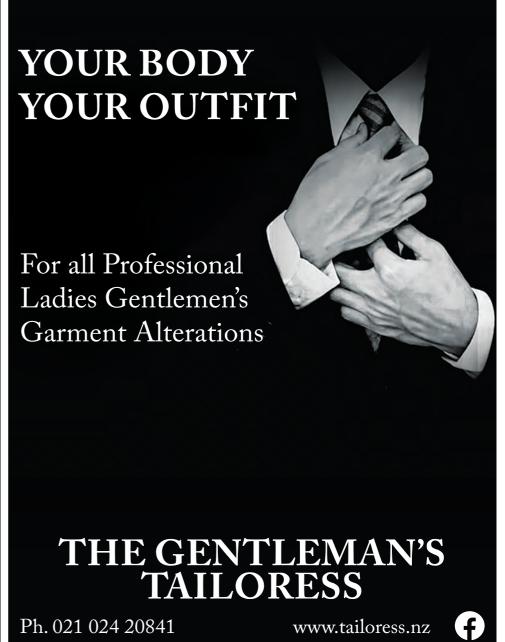
A magical hideaway in the heart of Akaroa, Mt Vernon Lodge offers a spectacular location for your wedding day.

At Mt Vernon Lodge you can have an unforgettable ceremony, a custom-designed reception, and stylish accommodation for you and your guests, all in the one place.

Set on six hectares of manicured lawns and mature trees coupled with amazing views over the Akaroa harbour, and along with our great facilities, Mt Vernon Lodge is the only choice for your special day.

#### Contact

David & Amanda Kinnaird | 33 Purple Peak Road, Akaroa 03 304 7180 | info@mtvernon.co.nz | www.mtvernon.co.nz



## RURAL RECHARGE

Take a smoko break for mental health

# A chat with TV presenter and farmer Matt Chisholm



The Rural Support Trust has teamed up with former television presenter, turned farmer and mental health advocate Matt Chisholm to generate conversations about resilience and mental wellness in rural communities.

Passionate about agriculture and well-being, Chisholm has signed on as the inaugural ambassador for the trust, embarking on a nationwide Time Out Tour. With support from regional Rural Support Trusts, Chisholm shares the personal struggles that led him to leave his role with TVNZ and move to a sheep and beef farm in Central Otago.

"I don't know if I can call myself a farmer, but I have a 72-acre block in Chatto Creek. I can't afford to buy a big farm, and I don't know if I'm strong or resilient enough to have farming as my main source of income. I probably have skills in other areas, but I'm as passionate about farming as I am about anything outside my family, and I'm proud to be a rural New Zealander," Chisholm says.

"I feel like one of my jobs is to bridge the gap between town and country and fly the flag for rural New Zealand. We need to celebrate our farmers every day."

Recent weather events across the country have created additional challenges for rural communities, highlighting the importance of organisations like the Rural Support Trust to help build mental resilience in a primary sector already under pressure.

"Older farmers who have been through deregulation in the 1980s, or Cyclone Bola, talk to younger fellas and say, look, we have lived through these times before, and it looks bloody daunting at the moment. But we got through them, and you'll get through them too," Chisholm said.



Matt Chisholm talking about resilience during his national tour.

PHOTO: SUPPLIED

"It's not what happens, but how we react to what happens. We learn to react better to what happens to us in life. That's my journey, and probably everyone else's journey too. We have to learn to get better at dealing with our weaknesses and our faults. Life is imperfect. We're forever going to have stuff coming at us, but the sun will always come out and show us that life will get better and that it's worth sticking around for."

The Time Out Tour will allow farmers to hear Chisholm share

his experiences with depression, how he was able to move through the mental health challenges he faced, and strategies they can use themselves when times get tough.

"First of all, share. Talk to someone. Tell People. Tell your wife, partner or best mate if you are feeling overwhelmed," Chisholm said.

"Do something for yourself. Get off the farm. Do something that you really, really love, something that blows your hair back and makes you want to get out of bed in the morning. You've always got work to do, but write your lists and prioritise what's really important. Ask yourself, is this going to be a problem in six months? Or even three months? Some things we think are vitally important at the time aren't actually that important down the track. And if you are struggling, go and see a doctor or talk to a counsellor."

For help and support, contact the Rural Support Trust on 0800 787 254. Their services are free and confidential.



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# Recipes from a high country kitchen for a modern world



A high country cook has become an unexpected Instagram sensation for her simple, tasty recipes and no-waste approach to cooking.

Philippa Cameron began her Instagram page 'What's For Smoko' to share and collate recipes. She now has over 34000 followers on her page and a second cookbook that hit the shelves in April.

It had been a completely organic process, she said.

"Everything has just rolled on from the next thing. I haven't gone looking for any of it, which is probably quite depressing for anyone who wants to be an author or an Instagram star," she laughed.

Philippa was thrown into the role of cook when she moved to

Otematata Station in North Otago, where she lives with her husband and two children.

Covid and the cost of living have meant that her frugal approach to cooking has been popular, not just with farming families but with the urban demographic as well.

"I think the economy has done me a favour."

Her biggest inspirations were Annabel Langbein and Nadia Lim. Philippa also finds the old-school recipe books a gold mine of basic, simple recipes that can be adapted for the modern cook.

"It's the old Women's Division, Plunket and Primary school fundraising books. That's where the gold is."

She adapts recipes by changing quantities, creating healthier alternatives and switching old-style measuring systems for modern ones.

"Obviously, half the ingredients don't exist any longer, or the recipes might be in ounces. Sometimes I think, 'That's a lot of golden syrup', or I just don't think the recipe needs 12 ounces of lard. I've got better at cooking, and I can adapt those a lot easier now. That bit's fun."



Philippa Cameron.

Philippa's latest cookbook 'Winter Warmers' is a nod to her Mother and Grandmother and the modest way of living that past PHOTO: LOTTIE HEDLEY

generations embraced out of necessity.

"They were self-sufficient, and they were happy and content. "The theme of this book is to re-use and reinvent food."

Using leftovers creatively or freezing them for another meal is a much more cost-effective way to cook, Philippa said.

"It's a great time to learn these things if you don't know them already

"Because at the moment, there just isn't enough money even for a middle-income family to be fed."

Philippa sees food as a way to connect people and generate conversation, a handy tool when forming on-farm relationships and raising morale.

"You want to create a culture, and to create a culture; you need conversation.

"How do you create conversation?

"You bring everyone together, and food is a great way to do that."

With the high rate of mental illness in farming sectors, connection and conversation are important, Philippa said.

"I'm not saying a cup of tea and a scone is going to fix that. But if you sit down with someone and tell them they are appreciated that day, does that make a difference? I think it does," Philippa said.



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## A match made in heaven



Nothing says kiwi more than eggs partnered with New Zealand beef, lamb or pork, whether in a burger or at the breakfast table.

Hurunui couple Jonna and Timo Christopherson have created a business out of this match made in heaven by expanding upon the success of their egg farm, adding a direct-to-consumer meat venture to their portfolio.

Hurunui Farms, a boxed meat delivery service, will run alongside Hurunui Omegga eggs, a freerange egg farm the couple started three years ago on their property in Hawarden, North Canterbury.

"To this day, I wonder if Timo thrives on sleepless nights and stress, as this is pretty much what the last three years have been for us," Jonna Christopherson said. "When Timo started to make

"When Timo started to make plans for Hurunui Farms I thought he wasn't serious, as we've just gone through all this with Hurunui Omegga, but I quickly realised he was going to do it."

Hurunui Omegga is New Zealand's first producer of omega-3-enriched eggs.

The chickens are pasture raised and fed a linseed diet, giving the eggs the extra health benefits of Omega-3.

Starting with just 200 hens and now with a flock of 4000, Hurunui Omegga has grown from a roadside stall to supplying restaurants and supermarkets throughout the South Island.

With Covid and delays in delivering a much-needed extra shed, the Omegga eggs have not been without challenges, but this hasn't deterred the German couple from launching Hurunui Farms.

"It took him almost six months to complete all the paperwork and set up the facility.

"Our budget for Hurunui Farms nearly tripled from when we sat down originally to when we launched. It suddenly became this big operation, which felt quite scary, to be honest.

"But that pressure pushed us out of our comfort zone again, and you have to make it work. And it did."

Buying from the farmers and growers is becoming an increasingly more affordable option for urban dwellers as farmers' markets and direct from farm gate to door deliveries jump in popularity.



Timo and Jonna Christopherson serve up Hurunui Farms meats at the Hawarden show in March. PHOTO: CLAIRE INKSON

A recent study conducted by Farmers Market New Zealand in conjunction with Eat NZ has shown that New Zealanders could save 18 per cent on their grocery bill by buying directly from farmers' markets.

A survey conducted by Our Land and Our Water NZ in conjunction with Open Farms suggests that consumers see buying directly from farmers as a more cost-effective and sustainable way of shopping.

For those farmers wanting to operate a direct-to-consumer business, marketing and logistical challenges remain as consumers still value convenience and affordability.

"You have to be constantly on your toes with advertising," Christopherson said.

"When you sell directly, you must approach people constantly so they know you are still there.

"That is the big difference between selling direct or through supermarkets."

Beef for Hurunui Farms is sourced from George Johns and Penny Clark Hall's Kaiwara Angus stud near Culverden. Christophersen's farm and neighbouring properties supply lamb and additional beef for the meat boxes, focusing on the farm-to-plate story that connects consumers with the product's provenance.

"Since we've been living here for the last ten years, we've met a lot of farmers and made great friends.

"We called the business Hurunui Farms, as we wanted farmers from the district to be involved."

Animals are sent to an abattoir in Ashburton before being sent back to Woodend for processing.

Meat is packaged into different boxed options and can be delivered nationwide, with consumers purchasing via the website.

"It is tough to pinpoint how many boxes we send out to consumers and restaurants each week, but numbers are going up," Christophersen said.

The Christophersens continue to look for creative ways to market their product.

"We are about to collaborate with Philippa Cameron from the Instagram account 'What's for Smoko'.

"Phillipa just launched her new cookbook "winter warmers" online, which goes into the stores start of April."

Hurunui Farms will launch the 'What's for Smoko Meat box' at the same time, which will be a meat box tailored to the book, for people to purchase online.





#### FIREARMS LICENCE HOLDERS

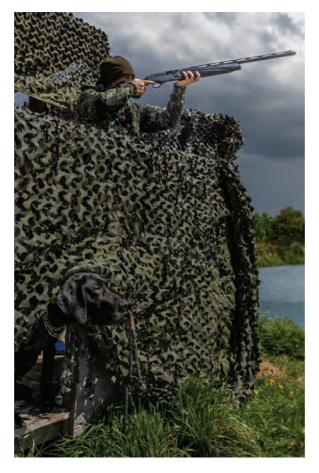
### THINGS YOU NEED TO KNOW BEFORE 'THE ROAR'AND GAME BIRD SEASON

Information from Te Tari Pūreke - Firearms Safety Authority

If you're a firearms licence holder, you'll need to know about changes to the storage and transport rules for firearms and ammunition, and changes to the seven rules of firearms safety.

Regulations were updated in February 2022, and to help Kiwis make sense of those changes, Te Tari Pūreke, the new firearms regulator, published a Secure Storage and Transport Guide.

You can download a copy of the Secure Storage and Transport Guide from www. firearmssafetyauthority.govt.nz/firearmssafety



#### The 7 rules of firearm safety Treat every firearm as loaded Always point firearms in a Rule 2 safe direction Chamber a cartridge only Rule 3 when ready to fire Identify your target beyond Rule 4 all doubt Check your firing zone Rule 5 Store and transport firearms Rule 6 and ammunition safely Avoid alcohol or drugs when Rule 7 handling firearms

#### Storage and transport for firearms and ammunition, key points

#### **Transportation**

If you're driving to a hunting location, your firearm needs to be inoperable during your travel and, ideally, concealed from view. This means removing the bolt or an essential part (or if that's not possible, applying a trigger or cable lock), or transporting the firearm in a locked carry case.

The ammunition needs to be separately and securely stored in a locked glove box or similar storage area, if practical.

And please, whatever you do, once you've finished using your firearm, lock it away. Never leave any firearms in your ute, shed, home or vehicle unsecured at any time.

The only exceptions to the firearms and ammunition transport rules are if you're using the firearm on a farm for farm-related activities, or you're doing legally-authorised hunting or pest control (such as a regional council employed pest controller) and the

licence holder is in the vehicle or the immediately vicinity of the vehicle with the firearms in it.

Make sure you read or download a free copy of the storage and transport guide to keep up to date with the details of the changes:

www.firearmssafetyauthority.govt. nz/firearms-safety/storage-transportation

#### **Ammunition**

All ammunition must now be stored in a locked container. You can now only store ammunition with firearms in a gun safe that has a separate lockable compartment with a different key than the key for the gun safe. You must keep these keys separate.

If your safe doesn't have a separate lockable compartment, you need to store ammunition in its own secure storage container with a key, combination, or padlock, or in a stout locked cupboard.

## Taking a break when you're travelling with firearms

For those who travel with firearms to hunt locations, your inoperable and secured firearm can be left in your vehicle unattended, for example during a break in a journey, for up to 60 minutes. But you need to lock your vehicle and stay within the immediate area or vicinity of the vehicle and meet other conditions.

Read the storage and transport guide for full details: www.firearmssafetyauthority.govt.nz/firearms-safety/storage-transportation.

Under no circumstances can firearms, ammunition or other arms items be left in a vehicle overnight.

## The seven rules of firearm safety have changed.

Get ahead of the changes to firearms safety rules with the Firearms Safety Code.

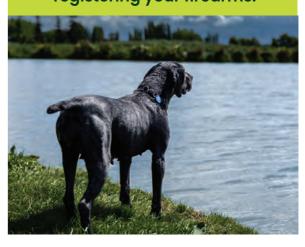
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#### Firearms licences online

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# Learning to live in an ever-evolving landscape

We have all seen images of the impact of Cyclone Gabrielle along the East Coast of the North Island, the damage from which will be life changing for many people. We saw this in our own district two years ago.

district two years ago.

Recently there has been much made of reports and discussion by our own regional council on flood management and conjecture raised around how closely we interact with the river margins.

Historically humans lived nomadically and simply moved when the landscape changed. In more recent times, we have sought to develop communities and assets that we view as more permanent, so that brings us into conflict with the natural processes.

In Canterbury, if you dig a hole 50m deep, you will find a stone, very similar to one from the current surface, and a close match to one in what we regard as the riverbed. On the Heretaunga Plains and in the Esk Valley, digging a hole of any depth will find you layers of silt deposited by a succession of flood events over time.

With regard to the current



location of rivers, the Ashburton River is where it is, obviously. It is not running down north of Racecourse Road and out to sea via that big gully at Wakanui. The Waimakariri equally is in what we regard as it's correct place. However, if we had popped up at a different point in time, it would have been running down the Avon or out through Lake Fllesmere

I would suggest it is particularly

arrogant to think the migration of rivers in Canterbury or the erosion of the Alps depositing shingle out onto the plains has magically stopped now that we humans have arrived and decided to build communities. Equally, I don't think the current layer of silt that the good folk of Hawke's Bay currently reside on is the final and last layer of silt to be deposited on the Heretaunga Plains.

Nor do I think it is appropriate

to give ourselves an excuse of disassociation from these ongoing natural processes by blaming climate change.

What we need to do is learn how we interact with this changing landscape and how we accept that the processes that formed the plains are ongoing.

I get very frustrated when various groups choose to point the borax at farmers as has been done lately on the margins of rivers. It would seem they are opposed to any agricultural development on a very broad definition of a flood plain or historic river bed.

So, if development is inappropriate and the river should be let free to find it's own course, what are we going to do with the EA Networks Centre in Ashburton? Because it is clearly obvious to all that the high terrace between the town and the pool was carved by the river.

Equally, a quick look at an aerial photograph of the land surface west of Christchurch Airport clearly shows swales of a very recent riverbed. So, if we are going to let any river "run free", shall we start with the Waimakariri, held in by three layers of stopbanking? Arguably regular, natural flushing of Lake Ellesmere by the Waimakariri would sort out any concerns about lake water quality.

We need to start to have honest, realistic discussions about how we live on this evolving plain, how we address the ongoing migration of shingle from the Alps out onto the plains and how we fund the work that is required.

# The Farming Fast Five: Wayne Langford

We ask farmers five quick-fire questions about farming, and what agriculture means to them. Here is what YOLO farmer and Federated Farmers vice president Wayne Langford had to say.

#### What did my journey into farming look like?

I grew up on a dairy farm in Golden Bay, a 6th generation farmer. I was accepted into two Universities when I left High School, one to do a degree in Sports Coaching, the other to head to Lincoln. That's where I met many great friends and my wife to be, so I've never looked back.

### • Tell us a little about your farming operation?

We milk 230 cows, on a simple Once-a-Day milking system all season. I have worked on a variety of farming systems across my farming career, from high input to low input. I have loved the challenge of all of them, however currently we are enjoying the challenge of making our system as simple, efficient and profitable as possible.

 What challenges have we faced in our farming career and how have we dealt with

#### nem?

After 20 years farming I would like to think that I have experienced most things that will come at me. From weather like floods, droughts and snow storms, to animal health issues, mental health issues, low payouts, high payouts, family farming issues and more. The one thing I now know is to control the controllables, these things will come and go, it's how you control those circumstances that will decide how you come through it.

 What has been a major highlight for you in your farming journey?

farming journey?
I've received a number of awards and accolades, however when you look at the question above, what I'm most proud of is this: I have absolutely loved farming with my wife and boys. Watching them grow

and be a part of what we are doing along the way. Droving cattle down a gravel road like generations have done before me, a boy on my lap learning stockman skills, or talking dreams and goals with my wife on the hill at the back of the farm, that's what life's all about for me.

## • What advice would I give to the next generation of farmers:

Enjoy what you are doing, if you don't then change it. The best thing about farming is you can often achieve the same result in so many different ways, that's why we love to visit each other's farms. Challenge yourself by asking, am I proud of what I'm doing, which is not about being perfect, instead doing the best you can within the circumstances in front of you. Oh.....and of course I would say, remember you: You Only Live Once (YOLO), so enjoy life too.



Wayne Langford.

## It's all about people



An Ashburton farmer is in the running for a prestigious national award for the second year in a row.

Rebecca Miller is excited once again to be a finalist for the Fonterra Dairy Woman of the Year.

"This year has been an amazing process. I asked the kids before I put in the nomination form, and they told me to go for it. So I thought, why not?" Miller says.

Miller farms with her husband Brent in an equity and share farming business across two farms near Ashburton under the brand Milk IQ.

Miller completed a Kellogg's project, Landeve, due to be launched in May. Landeve connects farmers with events and workshops and consolidates information on a single platform.

Landeve will include a forum where workshops and events can be created based on the needs of farmers, creating a more economical approach.

"We haven't been asking people

what they wanted. So instead of just putting a course on, we find what people need.

"And often people only hear about courses once it is too late and can't organise themselves to get there.

"So, I thought, let's get this online," Miller said.

For Miller, farming is all about

The Ashburton dairy farmer believes this so strongly that she, with her husband Brent, came up with a philosophy and culture that values a people-centred approach to farming.

They have captured that philosophy in the word 'Farmily', which they have trademarked.

"We wanted to create the environment where people wanted to be, so for the last twenty years, that's what we've been doing.

"We live out and embody what we do. Everyone we work with, we treat them the same because you have to be authentic in farming.

"You can't just say it. You've got to do it, and you've got to live it," Miller said.

Miller is one of four finalists for the Fonterra Dairy Woman of the Year Award.

Donna Cram, Kimberly Crewther and Sheena Penwarden are also in the running for the award, which recognises an outstanding woman who has contributed to the dairy sector



Rebecca Miller.

with passion, drive, innovation and leadership.

'This is one of the most diverse groups we've ever had as finalists, each bringing incredible passion, knowledge, leadership and mana to the sector," Dairy Women's Network trustee Donna Smit said.

"Donna Cram influences locally and nationally through a large

range of positions.

"Kimberly is our first ever off-farm finalist who plays a key role for our sector nationally and internationally.

"Sheena is driven by Maori values, passionate about educating her community on dairy and the environment, and Rebecca has a passion and vision for influencing through a heart-centred drive. "They are all inspirational in their commitment and passion for dairying," Smit said.

PHOTO: SUPPLIED

The Fonterra Dairy Woman of the Year award winner will be announced on May 3 at the gala dinner of the Dairy Women's Network 2023 Conference "Brighter, Braver, Bolder" in Invercargill.



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# Dairy industry finalists on the pathway to success



Canterbury North Otago Share Farmers of the Year Jonathan and Stacey Hoets have showcased their farming operation ahead of the New Zealand Dairy Industry Awards finals.

There was a large turnout at the New Zealand Dairy Industry Awards field day on the property the Hoets share milk on in Hinds last month in what was an opportunity to hear how the finalists structure their farming business, their aspirations for the future, and what set them apart from other competitors.

"The awards are a great way to get our names out there, especially as I'm interested in getting into the governance space," Johnathan Hoets said.

"It forces you to think about your goals, budgets, and the

personal side of things.

"It really makes you think about if your goals align with your long-term goals or if you need to tweak them."

The Hoets are 20 per cent equity partners with John and Kelly Nicholls on the 170-ha Hinds property, milking 760 cows.

"Eventually, we would like to own a farm, and along the way, we are open to opportunities such as increasing our equity or diversifying into rental property ownership."

It is the Hoets' third time entering the awards, with the previous experience preparing them for the upcoming finals, where they will be under scrutiny from a new panel of judges on May 6.

The Hoets joined the other Canterbury North Otago finalists, Jack Symes, who won dairy manager of the year, and Brayden Johnstone, the dairy trainee of the year.

Symes is a farm manager on Jack and Judy Symes' 160 ha property with 630 cows in Southbridge.

"It's opened me up to new ideas for achieving my goals," Symes said.



Stacey and Jonathan Hoets with daughter Aria.



Canterbury North Otago Dairy Manager of the year Jack Symes.

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## **DAIRY**FOCUS



There was a large turnout of farmers at the field day, where the Hoets showcased all aspects of their farming business. The couple talk pasture with Dairy NZs Hamish Lambeth after winning the Ravensdown sustainable pasture award.

"It's exciting to put your passion into what you do every day and be able to showcase that to other people.

"The judges gave me some good feedback, which has been beneficial. I'll work on that, then just do the best I can."

The dairy industry gave him a clear pathway to reach his goal of

farm ownership, he said.

"The opportunities dairy presents are very rewarding compared to other industries.

"It's an industry that continues to develop going forward, so if you are into trying new systems and pushing yourself, dairy is a great way to do that."

Johnstone is a farm assistant

on the Rakaia Island Turner Family 540ha, 1450 cow property just out of Oxford.

As the regional winners, the Hoets, Symes and Johnstone are all in the running for the New Zealand Dairy Industry Awards, with the winners announced at a ceremony in Auckland on May 13.



Canterbury North Otago Dairy Trainee of the Year Brayden Johnstone.



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# Above average is no good for rugby or for farming

Earlier this year, Opposition leader Christopher Luxon famously said that New Zealand needs to back its farmers like it backs the All Blacks. I assume he meant farmers' successes should be applauded and viewed with pride, but if he was saying farmers should be told how to do their jobs by people sitting in front of their televisions then I think we're already there.

The problem with Luxon's sporting analogy, aside from the fact the New Zealand public is very quick to turn on the nation's rugby team after a poor performance, is that farmers tend to think they're a world cup winning All Blacks team from a golden era, and the public sees them as a totally different side.

I was reminded of this comparison while attending a Fonterra roadshow to discuss the cooperative's focus on reducing on-farm greenhouse gas emissions. Many of Fonterra's customers are looking to lower their own carbon footprint, and one way to do that is by buying ingredients that also have a low footprint. The fastest way for Fonterra to give their customers

what they want is by reducing onfarm emissions.

An audience member asked why Fonterra was concerned about these emissions when New Zealand dairy farmers were already the most efficient in the world. In fact, according to a recent DairyNZ study, our milk has a carbon footprint of less than one-third of the global average. Clearly this gentleman viewed himself as a member of the world cup winning All Blacks and not the "bundled out at the quarter final stage" variety.

The answer from Fonterra chair Peter McBride was brutal and honest; being better than the average producer means nothing. Customers like Mars, makers of M&Ms confectionary, do not care that our milk is more carbon efficient than that produced in sub-Saharan Africa. They only care that it's better than the next most efficient producer, because once that nation overtakes New Zealand in carbon efficiency that's who Mars will buy their ingredients from. After all, the 2007 All Black team was better than every other team in the world, except for the three teams



The All Blacks are at their best when they innovate and adapt.

that finished ahead of them at the rugby World Cup.

The All Blacks are at their greatest when they innovate and adapt, when they study the changes to the rule book and make the new laws work in their favour. New Zealand farmers,

too, have a history of adaptation and innovation, it's what earned us the mantle of being the best farmers in the world and it's the only thing that can keep us there.

Make no mistake, other countries are breathing down our neck. Just last year Ireland

won their first rugby test series in New Zealand, and they are dead serious about duplicating that achievement in the dairy export market. This drive for carbon efficiency is not isolated to New Zealand, it is a worldwide phenomenon and Kiwi farmers risk being left behind if they don't give the market what it's asking for. As a country that exports 95% of our dairy products, our dairy industry's survival rests on tailoring our products to customer needs. American states and European governments are pouring billions into helping their dairy farmers become more carbon efficient, and New Zealand won't stay in the lead unless we adapt to the new style of play.

Milk processors around the world, not just Fonterra, are setting clear expectations for their farmers; the export market wants low emissions ingredients, and we need to deliver it. I just wonder how long it will be until those processors take a leaf out of a rugby coach's book and decide that, despite their best efforts, some players just aren't cut out to perform on the world stage and the only course of action is to bench them.



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## **DAIRY**FOCUS

# **Award for EcoPond**



Ravensdown product manager Carl Ahlfield and Lincoln University professor of soil science Keith Cameron. PHOTO: CLAIRE INKSON

 ${f E}$ coPond, developed by Ravensdown in collaboration with Lincoln University, has won the Innovation Award at the South Island Agricultural Field Days. The effluent treatment system can reduce methane emissions from dairy effluent ponds by up to 99 per cent.

"This is a new tool for helping to reduce methane emissions on farms. It reduces the risk of phosphate getting washed into

drainage or groundwater and reduces smell and E. coli. So there are four benefits with this technology," Lincoln University professor of soil science Keith Cameron said. "We are really chuffed to win this award at the field days."

The technology targets methane using an additive typically used in the treatment of drinking water.

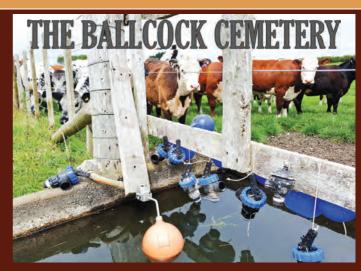
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# Autumn is the time to prepare for calving

There's a lot of moving parts to finishing off the season, but now's the time our vets are working with clients to lock in a successful calving. Getting cows to hit body condition score targets, especially for early calvers and younger animals, means scoring cows individually and then drying animals off early to give them more time to gain the weight.

Of course, the extra time's great but there must be feed to get us to target. Winter crops are looking good this season, but ensuring that planned diets deliver results means accurate yield estimates. Forage supplements on hand should be tested for nutrients, allowing us to pick feeds either better suited as winter supplement or for feeding to springers to minimise metabolic disease in the spring.

Maize or whole crop silages can work well in the latter case, but even testing grass silage stacks can reveal marked differences in their milk fever risk. Farm feeding practices might dictate adding macrominerals, especially calcium and phosphorus, from late summer to make sure there's plenty of bone stores when we



PHOTO: CLAIRE INKSON

need them in the spring.

We're often running over winter management plans, ensuring that contingency plans are in place for weather events, staff training needs are met and that treatment plans are in place for the following season. All of this planning is now part of programmes such as Cooperative Difference, and working with your vet to tailor them to your farm needs keeps

them relevant and valuable.

Fodder beet feeding crystallises many of these challenges.
While it's a high yielding feed with excellent utilisation, it poses catastrophic health and welfare issues if not treated carefully. Team preparation, adequate resting areas, clear feeding and safety plans with adequate transition onto and off the crop, and measures to

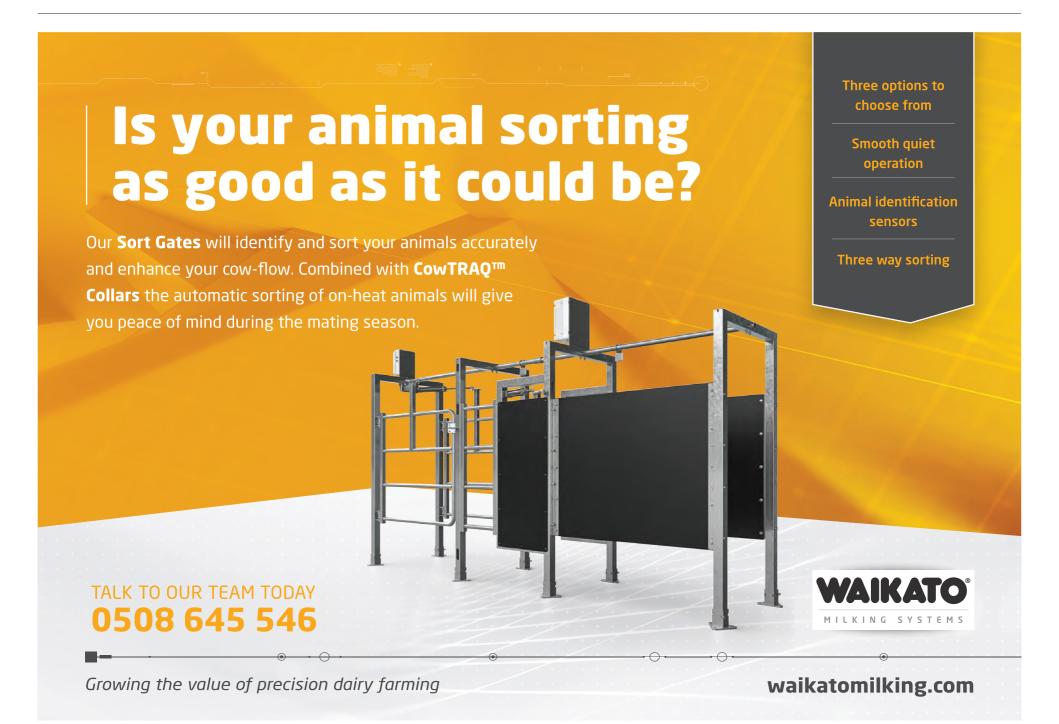
address well known nutrient shortfalls (especially in protein and phosphorus) are essential to avoiding disasters over the winter and in the spring.

Making sure cow immunity is ready for the challenge of early lactation means testing trace element levels, addressing any short falls, and getting vaccines on board at the right time to maximise protection.

This should always include Leptospiral vaccination to protect farm staff (and vets!), and, where appropriate, Clostridial, Salmonella and calf scours vaccination.

We need to end the lactation in a way that allows the udder to recover and prepare for next season. Preserving antibiotics in humans and animals requires us to restrict their usage to infected animals, and so dry cow antibiotic therapy should target those cases using one of the well validated tools to find them, be it bacterial culture, herd test data, or rapid mastitis testing (RMT). The use of teat sealants for the uninfected majority reduces new infections and antibiotic usage next season, but their administration needs to be scrupulously clean – make sure everyone administering them is trained to the highest standards by the vet team. And dry cow nutrition in the run up to dry off is important in preventing post dry off milk leakage and minimising failure of our protection measures.

– Alistair Kenyon, Dairy Team Leader, North Canterbury Vets, Culverden



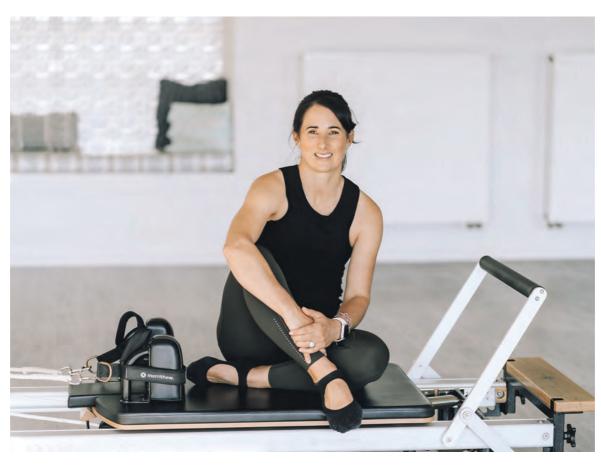
# Getting fit for calving season

We all know how important exercise, good nutrition, and maintaining our wellbeing is to living a fulfilling life. When life gets hectic and stressful, maintaining healthy habits becomes even more important but also conversely harder to achieve.

For farming families one of these busy times is calving when it's all hands-on deck and it becomes a priority. It is easy to let those good habits slip and put our wellbeing in the backseat, but with a little planning and focus we can turn our wellbeing into an asset during these busy times for us and our families.

Try to prepare and get yourself into a great place before the busy times hit. Some ideas for planning ahead include:

- Try to get a few extra exercise sessions in heading up to the busy period – you will feel more energised and less guilty when your exercise routine slips.
- Think about areas where you have struggled or had issues in the past, maybe you can do some task specific exercises to lessen the impact this season.
- Make some of your family favourite meals ahead of time and freeze them so you always know you have a good nutritious meal ready when you need a night off cooking.
- Before the busy period starts,



discuss your and their wellbeing needs with your family and staff and try to schedule in opportunities for these needs to be addressed. Always easier to do this before than during. Once calving starts the key is not being hard on yourself for letting those good habits slip, there is a good reason and your can always refresh those habits afterwards. You will automatically

be getting a physical workout, so you need to focus on recovery, nutrition, and rest.

 Recovery is both physical and mentally through stretching your body and taking time out to recharge. For some of you, combining these in a class with a group of friends might let you achieve both. Talk to your instructor about getting the workout you need.

- If you can't get to your class, consider joining a virtual class online so you can do a few exercises in your own home.
- Good nutrition will provide important fuel for both mind and body so don't skip meals.
   Remember good nutrition doesn't need to be hard, find something quick and simple. Remember those prepared meals.
- Sleep is vital so try to maintain a fixed sleep routine so your body knows when it will get a chance to recharge.
- Don't forget your partner and family, get your partner to join a class with you or plan a family outing like a walk or a bike ride. One of the reasons I am passionate about Pilates is because it has proven to be a fantastic way for me to deal with stressful times while providing a dynamic, low impact and energising exercise routine.

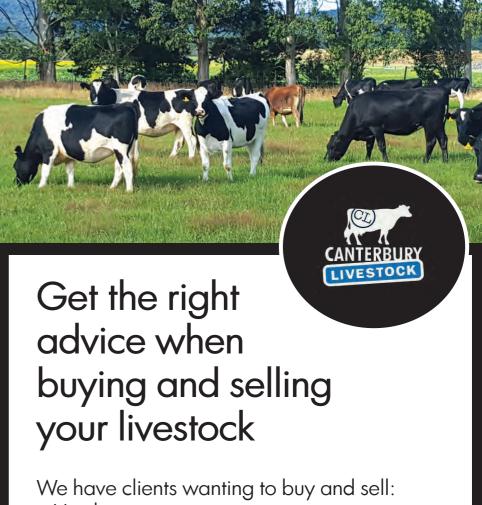
At AnnaFit I provide Pilates classes and instruction both in person and online for individuals and groups in Methven and Ashburton, you can find out more about AnnaFit at: www.annafit.

– By Anna King from Anna Fit



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# New approach for a successful transition

Acow is exposed to many changes during the drying, run off and transition period, making it important to try and anticipate her needs.

During this period many things happen including hormone secretion, metabolic changes, and bone rebuilding. We then add stress and low dry matter intake during the first day's post calving.

We need to remember she moves many nutrients to produce milk solids during lactation. As a result, she needs to rebuild her body and skeleton during the dry and transition period to start the next lactation without any metabolic disorders developing.

For each lactation, a cow can lose around 500 gm of calcium from her natural storage, namely her bones.

This process means that she is mining her skeleton to put calcium and phosphorus into milk. This situation can explain why higher producing older cows are more susceptible to milk fever. We have to put back what we take out.

Under New Zealand conditions, knowing the dynamics of the minerals in the different stage of the cow's transition is the key to



designing the proper transition programme.

Excess potassium affects magnesium absorption. You also need to consider mineral ratios, vitamin levels and understand the difference between farms to devise the most beneficial strategy on your farm.

Based on that scientific

knowledge and understanding of the New Zealand conditions, Sollus' approach is very different to conventional mineral company recommendations. Sollus designs and formulates products to be the best transition supplements for the New Zealand dairy cow.

Along with the calcium and magnesium that cows need, Sollus' product Tranzsol incorporates antioxidants, magnesium and, most importantly, Rovimix™ Hy-D. This combination allows cows to safely transition, even when consuming pasture and limeflour

consuming pasture and limeflour.
Rovimix<sup>TM</sup> Hy-D is a molecule designed by world leading animal nutrition company DSM to manage calcium absorption.
Calcium is critical for smooth muscle function in the uterus, rumen teats, and sphincters.
If these muscle groups can't function effectively, we greatly increase the risk of metabolic disorders, and prevalence of mastitis and reproductive issues.

With Tranzsol, Sollus is helping increasing numbers of New Zealand farmers reduce metabolic issues, including milk fever, through functional nutrition based on proven science.

We no longer need to accept these diseases are a natural consequence of milking cows.



# Fonterra milk forecast the least of farmers' concerns



Fonterra announcing a reduced forecast milk payout for the season is far from the biggest issue facing farmers at present, a Mid Canterbury farmer says.

Dorie dairy farmer and Fonterra Southern co-operative councillor, Mark Cressey, says while the revised forecast adds to the pressure on the sector, there are bigger concerns.

"We are still getting a pretty good milk price. The biggest problem is increasing costs," Cressey said.

Fonterra has revised its forecast to a range of \$8.00-\$8.60 per kilogram of milk solids, with the midpoint for the range now \$8.30, representing a drop of 20 cents.

According to the farm expenses price index, farm inflation is sitting at 11 per cent.

The main drivers for the high inflation rate are feed, which is up

20 per cent, fertiliser which has seen an increase of around 30 per cent, and interest rates, which are up around 40 per cent.

"Farm inflation is having a major effect, much more than the milk price," Cressey said.

milk price," Cressey said.

"The milk price is what the milk price will be, and we are going to have to work with that."

Farmers will need to adapt to rising costs, Cressey said, and look for a back-to-the-basics approach to farming in the current economic climate.

"We are going to have to change the way we perform, and that might mean using lowercost systems and going back to traditional New Zealand methods.

"Ten years ago, when we were getting payouts of \$3.90, we were in a similar position to what we are now, and most of us survived.

"We learned a lot of lessons in that time, and we have to learn those lessons again."

He recommends reducing input costs and holding off on adding technology such as cow collar systems until inflation rates level out.

"Long-term collars can save a labour unit, but now might not be the right time to be doing that



because straight away you've increased your cost of production.

"We could change what we are doing on the farm by putting less feed into the system than we contracted to put in, or could go to once-a-day milking.

"We can cut the cost of systems if things get too dire."

Fonterra has cited lower-thanexpected demand for whole milk powder from China and an increase in production in the Northern hemisphere as factors in the revised farm gate milk forecast.

"We don't know how quickly China will recover," Cressey said.

"But Fonterra's reliance upon China has come down a lot. Last year we were selling over 30 per cent of our product into China, this year we are down to 26 per cent.

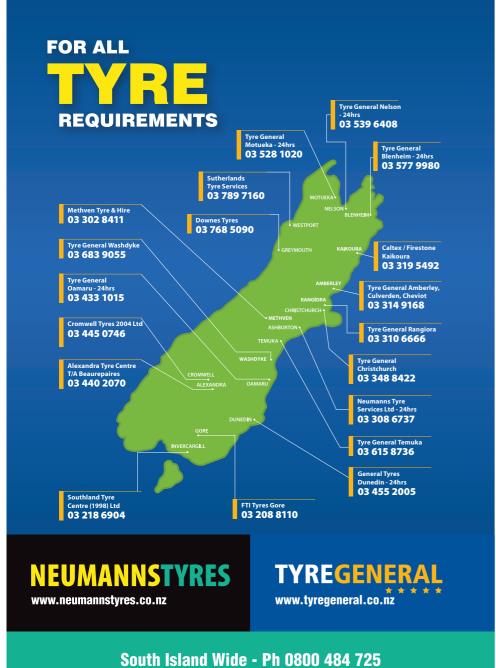
"If we can reduce our reliance

on China, it will be good in the long term.

"China will come back to the party at some point. It's just taking longer than expected to get there."

Fonterra chief executive, Miles Hurrell, is optimistic prices will lift.

"We remain positive about the outlook for next season and will share our opening 2023/24 farm gate Milk Price forecast in May," Hurrell said







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## Otis oat milk comes home



The game is set to change for Otago plant-based milk producers Otis when a new stateof-the art manufacturing facility opens in Auckland later this year. Free Flow Manufacturing, a leading New Zealand beverage manufacturer, will operate what will be New Zealand's first dedicated plant-based milk facility. Free Flow Manufacturing co-founder Scott Day said the demand for plant-based milk alternatives has skyrocketed in recent years, outpacing traditional dairy milk, with no sign of slowing. "Grocery spending on plant-based milk in New Zealand increased by 44 percent from 2019 to the end of 2022, with sales jumping from \$61 million to \$88 million," said Day.

The new manufacturing plant will have the capacity to produce 50 million litres of plant-based milk annually, providing an opportunity for plant-based beverage companies to reduce reliance on imported goods.

Pliance on imported goods. For Otis, the facility will mean production of their oat milk can move from Sweden to home soil, a goal that has been in the pipeline since the co-founders Tim Ryan and Chris Wilkie launched the brand in 2018. Unable to find a local facility that could produce oat milk packaged for the consumer market at the scale the company needed, they took production off-shore.

"We searched and did some feasibility studies and realised it would cost a heck of a lot of money to do a stand-alone facility. So we ended up taking it off-shore to Sweden," Wilkie said.

While the costs of producing off-shore were a strain financially, there was a benefit in having Swedish expertise. Angie Triantafyllou, chair of Swedish plant-based technology company Cerealiq, has been working with Otis since its inception and has been heavily involved in the development of the new Free Flow facility.

"We know New Zealand produces some of the highest quality oats in the world, and when this facility opens, they'll be producing arguably the highest quality oat milk in the world, too," Triantafyllou said.

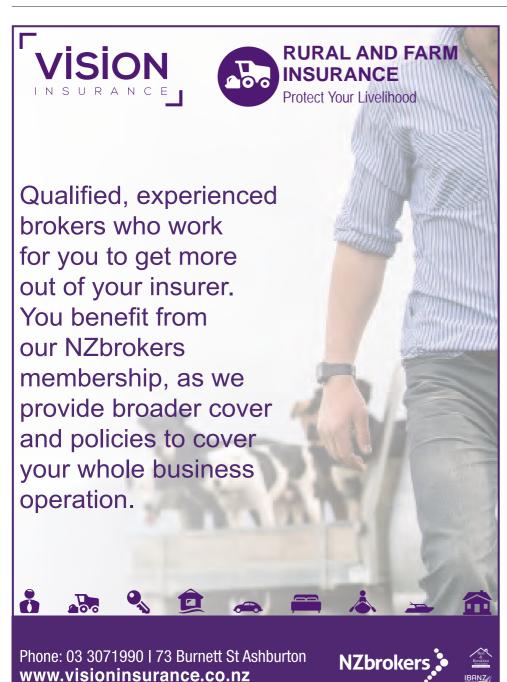
Otis works closely with the New Zealand Oat Industry Group and Harraways, with oats supplied by around 50 Southland arable farmers. The production move to

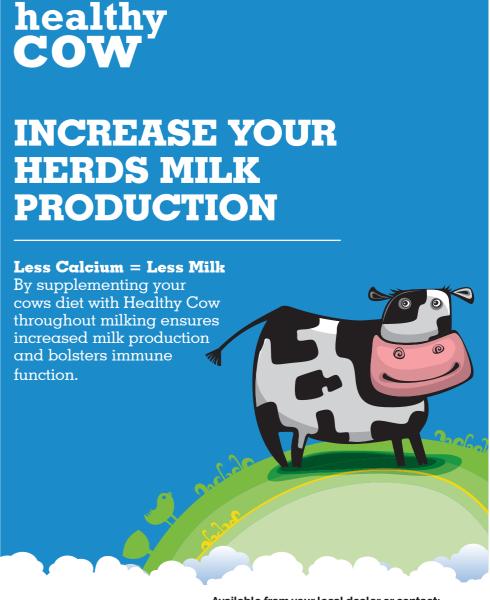


Otis oat milk co-founder Chris Wilkie

New Zealand means the company can achieve their home-grown crop-to-cup objective. "I truly think the facility is going to be world-class," Wilkie said. "We have a really good team PHOTO: SUPPLIED

with Otis and Free flow. It's going to be great for Otis firstly and the plant-based industry as a whole."







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## We're not that different

When it comes to the primary sector's social licence, a shift in mindset requires us to dial into our shared humanity to become a part of the solution rather than the problem.

At the highest level, we all want the same thing. Security. For most that is a healthy economy, planet and people. The perception of what that is and how we get there is the bridge we struggle to cross and often leaves us feeling like we're swimming in a tank of foreign objects - trying to stay afloat.

The foreign objects? Our values. They are the human traits that make us who we are and are defined by our beliefs and instincts; ultimately influencing our behaviours. Our values and worldview are shaped by our experiences, ideology, race, ethnicity, language, gender, age, religion, history, politics, social class, and economic status. This is further exacerbated and complicated by our ability to launch ourselves into the eternal rabbit hole, of affirmation, online. In all these layers of complexity, there is one thing that allows us to take a breath of clarity. We are all just people who want to feel connected, valued, safe and secure.

We must remember and respect our shared humanity in any process, but most especially in earning our social licence to operate. In essence, it is an earning of trust with our stakeholders. They all have different worldviews and are not seeking to be convinced

they are wrong, rather to be understood. There is a cultural shift in the business world reflecting the value of our shared humanity where putting people first and at the centre of change is considered the new best practice approach. It seems simple, but after decades of putting the bottom line first, the required humility to break down silos and hierarchies to allow diversity of thought, authenticity, inclusion, accountability and respect is not an overnight fix.

Humility is the understanding that it is a privilege to operate, not a right, we are not perfect and we don't have all the answers. We all have a role to play in healing our planet and looking after our people and the more we allow our shared humanity to guide us the better off we will be. Now it's about having the humility to find solutions with those who challenge us – the very people who pushed us to achieve the greater environmental achievements we have today.

What a history of disruption has shown us is that if we can't be a part of the solution, someone or something else will be. So let's focus less on our differences and more on our common ground to rebuild enough trust to create truly systemic solutions.



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# Signals and emerging trends for the dairy sector

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# Farmers recognised for sustainable farming



wo South Island farms came **L** out tops in the regional farm environmental awards in Southland and Otago earlier this

They will go on to represent their regions in the national final of the Ballance Farm **Environment Awards in** Wellington on May 26.

Otago regional awards Steven and Kellie Nichol of Auldamor, a Clarks Junction farm in Otago, won the regional supreme award at the Otago awards in Dunedin.

They also took home the Ballance agri-nutrients soil management award, the Beef + Lamb New Zealand livestock farm award, the NZFET biodiversity award and the Otago Regional Council quality water enhancement award.

The 1,498ha farm, managed by Grant Bezett, is a sheep breeding and finishing operation, with additional cattle grazing, and carbon and production forestry.

The team runs 4,500 ewes, 1,500 hoggets, 80 rams and graze an average of 290 mixed-age beef cows.

They were recognised for diversifying the farming while considering environmental impact.

The farm improved stock performance and profitability by adapting farming systems and an emphasis on farm measuring and monitoring.

Several initiatives to improve soil health, including a no-till drilling programme, improved pasture resilience, provided better yields, and improved stock performance and animal health.

Shelterbelts and forestry stands were planted on Auldamor, and native shrubland and waterways were fenced.

Involvement in the local community catchment group and participation in a methane emissions reduction programme was also acknowledged.

#### Southland regional awards

Fifth-generation Croydon farmers Cameron and Robert Grant won the regional supreme award at the Southland awards in Invercargill.

They also won the Bayleys people in primary sector award, the Beef + Lamb New Zealand livestock farm award, the **Environment Southland water** quality and biodiveristy award, and the Rabobank agri-business management award.

The Grant brothers run hill country sheep and beef farms with an effective 4,200ha.

A focus on additional land purchases and sustainable development has helped the Grants achieve exceptional performance - including a consistent lambing average of close to 150 per cent.

They fenced off natural waterways, built riparian buffers, and planted native trees to reduce bank erosion and run-off and have an extensive weed and pest control programme.

The judges noted the brothers' exceptional environmental and productivity outcomes and commended the farm's livestock performance, with stock well-



Otago winners Kellie and Steven Nichol of Auldamor.

managed to the challenges of the landscape.

The Grants have worked with local iwi when planting native species, and been involved with local catchment groups. They also have an active succession plan to ensure they pass on their knowledge and a sustainable business practices to the next generation.

### Other winners:

Justin Pigou and Matt Hamilton from Pamu's Landsdown dairy

unit at Romahapa, won the Bayleys people in primary sector award, DairyNZ sustainability and stewardship award, Hill Laboratories agri-science award and the Norwood farming efficiency award.

James Edgar and Ethan Wilson from Wilden View at Moa Flat, won the Rabobank agri-business management award.

#### Southland

Mitchell and Steve Smith from AB Lime in Winton won

the Ballance agri-nutrients soil management award, the DairyNZ sustainability and stewardship award, the Hill Laboratories agriscience award and the NZFET

PHOTOS: SUPPLIED

biodiversity award Jason and Sandy Herrick from Murray Creek Farm in Castle Rock won the NZFET Innovation Award.

Nick and Alexis Wadworth from Bare Hill Farming in Otapiri Gorge won the Norwood Farming efficiency award.







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# Apiculture a buzzing industry in Mid Canterbury



While we stop to check on hives in a crop just out of Ashburton, a bee flies around Midlands Apiaries' Jake Sherratt's head and lands abruptly above his eye. The bee proceeds to impart a sting neatly on Sherratt's forehead.

"Happens all the time," he says, unphased, as he deftly pulls out the sting. It's all in a day's work for a beekeeper.

Apiculture has been practised in New Zealand since the mid-1800s, growing from a cottage industry to a world-leading commercial enterprise. As the New Zealand agriculture sector grew to become our leading export earner, farmers began to realise the importance of bees not just for honey production but for the pollination of crops.

In the 1990s, Mid Canterburybased Midlands Seeds took a proactive approach working with Symes Apiaries, a third-generation family-run business, to ensure adequate crop pollination.

In 2006, the company purchased Symes Apiaries, and Midlands Apiaries was born.

"As a company, we are mainly focused on crop pollination,"
Sherratt said. "We have about six and a half thousand beehives, and we shift about four and a half thousand onto crop pollination each year."

Midlands Seeds grow a wide range of vegetable and herbage seed and arable food crops, producing 40% of the world's carrot seeds for the global market.

"Our main crops for pollination are carrots, and then there is clover, canola, brassicas, and a bit of chicory and parsnip," Sherratt said.

Once the honey is extracted from the hives, it is blended into batches and tested in Midlands' in-house laboratory.

The Midlands Apiary factory is a state-of-the-art, large-scale operation. Inside, it's warm, clean and has the unmistakable sweet scent of honey.



Midlands Apiaries focus on crop pollination, shifting around four and a half thousand hives onto crops each year.

PHOTO: SUPPLIED





### RURALGUARDIAN

The odd misplaced bee buzzes dozily amongst row after row of Midlands hives. As far as factories go this one seems like a pleasant workplace and Sherratt, who has been in the beekeeping game for around seven years, clearly loves his job. It's a varied role, with Sherratt overseeing the extraction process and raising queen bees for the hives.

"Clover has a high pollen count, and all honey bees collect has some clover. Bees don't just decide to collect from one crop. They're going to forage from whatever they can," Sherratt said.

"So there's always different kinds of honey coming into the hive, all mixed up. We mix it into batches of about three tonnes, and when blended together, the test result comes back as clover honey, because the clover is the dominant pollen count."

Replacing queens, which typically have around three years of productivity, ensures the colony's health and protects against underproduction.

'We take a bee grub or bee egg as soon as it's hatched. It's a tiny grub that you can only just see. I pick it up with a little paintbrush, and it goes into a plastic cup. I then put about 20 to 40 of these plastic cups into a hive full of bees, but doesn't have a queen. So all those bees inside that hive are producing smells, pheromones, letting everybody else know that they need to make a queen,"

Sherratt said.

The grubs are fed a nourishing diet of royal jelly, a protein-rich substance secreted from the glands of worker bees. The grub will then begin to spin a cocoon.

"The next day, I'll come through and take those queen cells out of the hive. They've already been fed, and they've started growing into queens. Then I'll place them into another hive where they'll finish growing for another ten days. And then by that time, they're all encased in wax cocoons.'

Queens are then placed in incubators, and each is moved to a hive the day before they are due to hatch. A few days after hatching, the queen begins her maiden flight, mating with drones 20-30 times before returning to the hive to lay eggs.

Like any agriculture sector, success comes down not just to management. Good honey yields rely on the right weather conditions. While other apiaries reported lower-than-normal honey yields for the season, Midlands Apiaries have fared better than most.

"It's been a good growing season for the crops, but there was a few cold days sort of right at the start of summer," Sherratt said.

"It hasn't been a bad season for us, but it hasn't been our best. We are expecting maybe 170 tonnes of honey. In our best year, we yield around 235 tonnes.'



Midlands Apiaries beekeeper Jake Sherratt.

PHOTO: CLAIRE INKSON.



Once the honey is extracted from the hives, it's blended into batches in the Midlands factory.



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# Ambassador chef champions New Zealand lamb



Beef + Lamb Ambassador Chef Cameron Davies is telling the paddock-to-plate story of farming in every dish he creates at his Te Anau restaurant, The Fat Duck.

"It's been really cool connecting with farmers and understanding the background story," Davies says.

That story is something

customers have been craving.
"It's been really nice to be
able to connect those dots
for people. Because without
farmers, we have nothing to
put on the plate."

The ambassador programme aims to drive innovation and creativity using New Zealand beef and lamb within the food service sector.

"There have been chefs I have looked up to for years

who have been Beef + Lamb Ambassadors, and now to be on their level, it's pretty special," Davies said.

"It's also nice to get the recognition and have something I will always look back on and feel proud of."

His team were blown away when he told them the news.

"It's great to see the passion and excitement for this within the team as well.

"I've really enjoyed the journey so far. We go through to the end of this year, and then we will mostly reapply."

Davies has worked at some of New Zealand's top restaurants and honed his skills further at Harvey Nichols in London.

While abroad, he also worked as head chef on a private yacht cooking for celebrities, including Beyoncé and Jay Z.

He returned home in 2015 and purchased The Fat Duck Restaurant and Bar with his wife, Seline, where he focuses on using local, quality ingredients to create simple but delicious food. For Davies, New Zealand's grass-fed free-range lamb stands out on the world stage.

"We have a diverse sort of farming country, but throughout, our lamb is farmed on lush, green grass. And that gives us a huge advantage.

"I think we also deliver on flavour and consistency. They are really key things when you are communicating with chefs and consumers.

"And ethically, our farmers care about their animals. They care about how they are looked after right from the minute they are born all the way through to the minute they're in the processing plant.

"That care factor comes through in flavour and consistency."

Davies is one of four ambassador chefs who will hold the title for two years throughout 2022 and 2023. A recent competition will see a new Young Ambassador Chef added to the line-up, with the winner being announced at an awards dinner in May.



Cameron Davies at Totara Estate in Oamaru where the first export shipment of lamb left for Britain.

PHOTO: SUPPLIED

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## Lamb tagine

Beef+Lamb ambassador chef Cameron Davies shares one of his go-to winter lamb recipes from Greenlea Butcher Shop on the recipes.co.nz website.

"This recipe packs a good flavour punch, and is perfect for jazzing up the winter slow cooker," Davies says.

This delicious lamb leg recipe is inspired by the traditional Moroccan tagine, or slow-cooked stew. Cooked in a roasting tray with chickpeas, tomato, lemons, and harissa, this tagine delivers succulently tender meat and a rich and spicy sauce. The perfect dish for sharing on National Lamb Day!

#### Lamb tagine Tagine Ingredients

- 1.2kg Quality Mark lamb leg 1 litre Beef bone broth or chicken bone broth 500g chickpeas soaked overnight in water and
- then drained 2 preserved lemons
- 275ml jar harissa paste 2 x 400g cans cherry tomatoes **Method**

#### To Make Tagine

- Drain the chickpeas and pour into a 30cm X 40cm roasting tray
- Cut the lemons into quarters, scrape away the white flesh, chop the rind and add to the tray.
- Pour in the tins of tomatoes.
- Make incisions across the lamb and rub generously with the Harissa paste, getting into all the crevices.
- Pour the remaining jar of Harissa into the tray and mix well.
- Sit the lamb in the tray and pour in the Restore broth, cover tightly with tin foil and place into a cold oven.
- Turn the temperature to 160°C and leave the lamb there for six hours, or until the chickpeas are cooked



Slow-cooked lamb tagine.

through and the lamb is pullable. (Check the moisture level after three hours and add a splash of water if the sauce is looking a little dry.)

• For the last 20 minutes of cooking, remove the tin foil, increase the temperature to 220°C and blast with heat to crisp up the lamb and char the tomatoes

• Check the seasoning before serving and pull the lamb apart using two forks.

#### Slow Cooker Method:

- 1Preheat slow cooker for 20 minutes.
- Slow cookers use a lower heat, so you can half the amount of herbs and spices listed in the recipe.
- recipe.
   Reduce the broth to 750ml or

PHOTO: SUPPLIED

3 cups. Add additional liquid as required.

Place meat and other ingredients into the slow cooker - make sure that you drain the chickpeas and tomatoes first.

• If set to low, slow cook for 12.5-18 hours. If your slow cooker is set to high, cook for between 5-7 hours.

#### Marking National Lamb Day



New Zealand lamb cuts, such as these chops, became a part of the British diet after shipments began in 1882.

National Lamb Day is celebrated on May 24, commemorating the date the first shipment of frozen meat arrived in Britain from New Zealand. The shipment of 5000 carcasses left Port Chalmers, Otago, on board the Albion Lines Dunedin on February 15 1882.

A coal-powered freezing plant kept the hold at 22 degrees celsius below outside temperature; new technology proved successful when only one carcass was condemned upon arrival in the U.K. That shipment was the beginning of what would be a multi-billion dollar industry as lamb became not only the backbone of our economy, but also an integral part of New Zealand's culture.

The Dunedin made another nine voyages before disappearing in the Southern Ocean in 1890.

National Lamb Day is an opportunity to celebrate a landmark moment in New Zealand's agricultural history. Beef + Lamb NZ is encouraging all Kiwis to dine out on lamb on May 24.



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# **Expansion continues for doors and gates business**

From taking over the family business to expanding to cover a large chunk of the South Island, it's fair to say Carl and Lynda Malloch don't do things by halves.

The husband and wife team first entered the Dominator sphere 15 years ago when they took over Dominator Access Systems in Christchurch from Lynda's retiring father, Bob Gardiner, who had been in the business for around 40 years.

Lynda had thought her garage door days were behind her once she left home, but when she and Carl later moved back to Christchurch and Carl decided to change industries, they returned to the fold.

After building up a successful business in Christchurch, they had the opportunity to move into Mid and South Canterbury.

They branched into the Ashburton site last August, and quickly followed that up by expanding into Timaru just before Christmas.

Moving into more rural work is a natural extension of what they had already been doing further north, alongside their existing residential and commercial work.

They're essentially a one-stop shop throughout all of Canterbury and the Mackenzie, providing sectional, tilt and roller doors, opening mechanisms, and gates and gate automation.

They have 15 staff working across the three sites, meaning they can bring in extra resources depending on where they are most needed.

Carl handles site measures, sales and scheduling while Lynda is responsible for quotes, scheduling and customer service.

Their experience and broad depth of knowledge means they can also provide expert guidance on the right kind of door for different environments.

For example, a lot of farm sheds are in high wind zones, Lynda says.

The successes brought on by Carl and Lynda's passion and hard work won their business Dominator's Dealer of the Year (Large business category) prize in 2021.

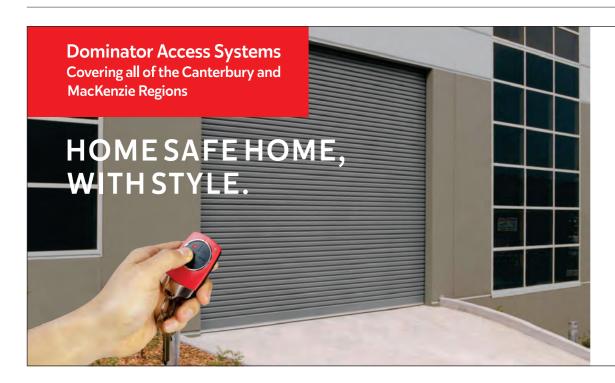


An example of Dominator Access Systems' work.



Lynda and Carl Malloch have expanded their Dominator Access Systems business to cover all of Canterbury and the Mackenzie.

PHOTOS: SUPPLIED



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## Strip tillage proving an economical option



Eiffelton- based farmer, Will Mackenzie, moved to strip tillage six years ago after looking for a cultivation method that reduced both his fuel bill and time in the tractor.

With strip tillage consolidating the four or five passes that conventional methods require down to a single pass with no reduction in yield, it looked like the obvious answer.

"I get sick of tractor driving in spring, so I started to look at options around strip tillage, and I ended up buying a Mzuri machine, that was in mint condition, from another farmer.

"The immediate benefit was how much quicker it was because we weren't cultivating first. Suddenly all our spring crops were in around three or four days, and the fuel saving has been massive."

Continued on P40



Will Mackenzie and daughter Eloise check the soil on their strip-tilled turnip crop on their Eiffleton property.

PHOTO: CLAIRE INKSON





From P39

Strip tillage, the relatively new kid on the block, has been gaining popularity in Europe as a mid-way point between no-till and conventional methods.

With a wide range of machines now available on the New Zealand market, Kiwi farmers are reaping the benefits too.

As well as being more economical, strip tilling reduces soil erosion and run-off, while uncultivated bands provide protection to seedlings from wind damage.

Soil compaction is minimised, and less disturbance reduces weeds and improves moisture retention, a welcome benefit for dryland farmers.

"Yield-wise, we're actually doing better with our brassicas," Mackenzie said. "Wheat yields are down a bit, but I think we're making up for that in grain weight." The cultivation method also has an advantage for farmers looking to improve soil health or incorporate regenerative farming practices.

"We were already going down the path of incorporating straw and green waste compost and trying to look after the ground.

"Since we've gone for this system, we've noticed the soil is more friable. When we dig a hole, we find about thirty worms, when we used to see around ten, so worm numbers are improving," Mackenzie said.

"I've been doing organic matter soil testing, and it's early days, but we are definitely not depleting the soil. If anything, we are slowly increasing our organic and carbon levels.

I need a couple more years to see if that's accurate, but I think because we're leaving all the root mass and cutting through it at a different angle for next year's crop, it's improving organic matter."

Mayfield-based contracting business Canterbury Striptill Ltd, run by farmer and contractor Danny Walker, uses a band tillage machine manufactured in New Zealand by Palmerston North-based company Precision Cultivation.

"It's a relatively new way of cultivating," Walker said. "This is my third season. Last year I did just shy of 400 hectares, and this year it's been around 500."

Because strip tillage does not compact the soil like conventional methods, pugging is reduced for farmers running cattle on paddocks over winter. "With the wet winters we have been having, it means the cows can get back on the ground a lot faster," Walker said.

"One farmer I spoke to did half strip till and

"One farmer I spoke to did half strip till and half conventional last year, and he had his cows back on the strip tilled paddock around a week sooner than the conventional one."

Hawarden-based contracting business Waitohi Ag Ltd has also recently added a Precision Cultivation machine to their arsenal, which has been welcomed by the contractor's client base.

"I am amazed at the uptake, to be honest,"



Waitohi Ag Ltd's Ben Clarke and Ben Newton with their Precision Cultivation strip till system at the Hawarden A&P Show in March.

PHOTO: SUPPLIED

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Waitohi Ag Ltd has been surprised at the uptake for farmers moving to strip tillage.

PHOTO: SUPPLIED

Waitohi Ag general manager and share-holder Ben Clarke said. "There's more pressure on farmers at the moment to utilise their paddocks as much as possible. With strip tilling, some guys are getting the use of the paddock an extra two to

three weeks in the spring because we don't have to cultivate the paddock leading up to planting. We just go straight in and plant.'

For Hawarden farmer and cofounder of Waitohi Ag, Mark Zino, the reduction in chemical use was a huge draw-card.

"I've been looking at strip tilling for a long time. After seeing the yields and chemical reduction friends in the North Island have had, when the opportunity came up, we decided to give it a go," Zino said.

'We are getting a bit blasé

with the use of chemicals in agriculture now. There's far too much of it going on, and the cost of growing these crops is just going through the roof. So, I thought, what can we do to minimise that chemical input? I started looking more into strip tilling because you're disturbing less of the soil. And basically, the more soil we disturb, the more weeds grow. So, as long as you have a really good spray-out program before you drill, you can reduce your chemical input going

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## **South Island Agricultural** Field Days a shining success



lot of mud and a fair amount A of rain failed to put a damper on the South Island Agricultural Field Days, with over 500 exhibitors and a big turnout through the gates.

"We do this for the exhibitors, the farmers and the public," Field Days committee chairperson Hayden Dorman

"That's what it's about. Our committee have done an awesome job. It's these guys that put all the effort in."

The three-day biennial event held in Kirwee had an opening day crowd of around 7000 brave the cooler temperatures on March 29, for what is one of the largest events on the South Island's agricultural calendar.

Exhibitors reported that the mood of farmers was optimistic.



South Island Agricultural Field Days committee chairperson Hayden Dormer.



a new pair of gumboots for his visit to the Field PHOTOS: CLAIRE INKSON days on the Thursday.

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While most seemed unphased by the weather, those exhibitors with indoor sites saw a large amount of foot traffic as visitors looked for respite from the wet conditions.

"We had a lot of people come in because we had barista coffee, but also because we are selling products that farmers wanted to buy," Ruralco general manager of marketing Izania Downie said.

"We pretty much sold out of gumboots on Wednesday; we had to bring more in."

While gumboots were mandatory, the weather improved on Thursday, and the sun was shining on Friday.

"You've just got to put your gummies on, warm clothes and a beanie and get into it," Dorman said.

Power Farming's Simon Jackson said they had more arable farmers than dairy farmers visiting their site, and those stopping by were keen to purchase.

"It started off wet and cold, but it's surprising how many genuine customers there were.

"Farmers in Canterbury are in a really good position.

"We're pretty resilient when it comes to weather events.

"Our climate is awesome, and we've got fantastic soil and irrigation. We're pretty lucky from that point of view.'

North Canterbury Equipment's Ryan Bassett said they had been busy, and visitors to the site had been serious buyers. "There's more positivity than we thought. Obviously, there's a bit of uncertainty this year with the election and interest rates, but at the end of the day, people need to eat. There is still demand for food and milk," Bassett said.

The Hamish Reid Memorial Trophy for the best overall site was awarded to CLAAS Harvest Centre, as well as the best large site, while the best small site was presented to Lammermore Distillery.

Ravensdown took out the agricultural innovation award for Ecopond, with Ruts Plus pivot rut filler awarded runner-up.



Despite the weather, visitor numbers through the gates were high.



Ruralco general manager of marketing Izania Downie said gumboots nearly sold out at their site on the opening day of the event.



By Friday the sun was shining and visitors lined up to watch demonstrations of Continued on P44 the latest in cropping and harvesting technology.



Robbie Shefford, known as the Gooserooter, with his Fordson Tractor.

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#### From P43

The easily accessible flat site of the event made it ideal for farmers and contractors to see and experience the latest machinery first-hand.

Demonstration sites showcased the latest cropping and harvesting technology, including a strip-till drill, with over 50 pieces of equipment active over the three-day event.

Best Harvesting Demonstration was awarded to Power Farming, while Norwood Farm Machinery won Best Cultivation or Drilling Equipment Demonstration. The Phillip van de Klundert Memorial Trophy for Best Overall Demonstration went to CLAAS Harvest Centre.

The South Island Agricultural Field days marked the last event on the March field day circuit, with National Fieldays at Mystery Creek in Hamilton scheduled for June.



Ryan Bassett from North Canterbury Equipment.



Simon Jackson from Power Farming, winners of Best Harvesting Demonstration.

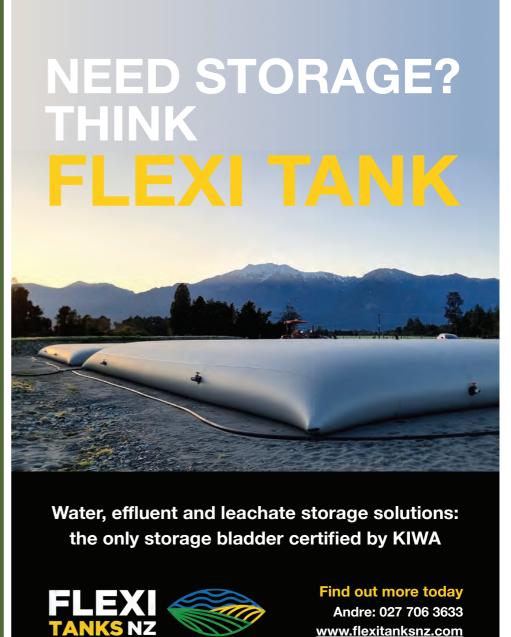
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## Ford Ranger gives the Toyota Hilux a run for its money



The farm ute may have driven its way into rural culture the moment Crumpy hurtled across our television screens in the 1980s in his Hilux, but farm trucks have come a long way since then.

The Hilux still has a cult following due to its infamous reliability, but the iconic jack-of-all-trades Toyota may have lost its crown if sales are anything to go by.

The next-generation Ford Ranger, with the drivability of a car but the stance of a prop in a finals match, is dominating the ute market, and it means

"They are a class-leading vehicle.

"They are robust, versatile, and have a lot of safety and technology on board, which farmers like," says Gluyas Motor **Group Ashburton Ford sales** manager Chris Hart.

The XLT is the most popular

The middle-of-the-range workhorse with a three-and-ahalf tonne towing capacity and two-litre engine with a ten-speed auto is a good combination for people, Hart says.

Those wanting a more highspec option can take things up a notch with the Ranger Sport offering leather trim and an 184kw V6 engine.

The high-performance Ranger Wildtrak comes with all the trimmings and a three-litre V6 powerhouse under the bonnet.

Mt Somers farmer Arthur Grigg purchased a next-generation Ranger Sport V6 last November and has been impressed with the vehicle's practicality and versatility.

"It's primarily used on-farm, but I also wanted to be able to tow with it," Grigg said.

Although not as economical as he would like, the Ranger's engine size and comfort set it apart from other utes on the market, Grigg said.

"It uses a bit of fuel, but it's



Ford Ranger is dominating ute sales in New Zealand.

comfortable, and the technology

is good. "It's almost got too much tech for the farm, but all utes are probably

heading that way," Grigg said. The Hilux may not be relegated to the bench just yet, though, with some farmers and agribusinesses still in the die-hard Toyota camp.

Optimise and Vitalise managing director Scott Pascoe favours Toyota, with the Hilux the

PHOTOS: SUPPLIED

company's fleet vehicle of choice. "The Hilux has always been known for quality and resale value. "The serviceability and the

service quality is good." Continued on P46



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From P45

Pascoe had moved the company vehicles over from Ford to Toyota a few years ago, finding the Hilux a good choice for fuel economy and durability.

"The Ford has definitely got better performance. From that point, the Ranger is superior. But we don't really need that in a fleet vehicle.

"We found the Toyota more fuel efficient, and we are doing 500,000 kilometres with no issues.

While there is not much difference between the Ranger and Hilux capability off-road, the Hilux is more robust, Pascoe said.

"That's what Toyota is renowned for. They are designed to go off-road. And obviously, our reps need to go on-farm, and we find the Hilux performs well in those situations."

Despite New Zealand's longterm love affair with the Hilux, Canstar reported that in 2022 new vehicle registrations for Ford Rangers were up at 11,577, exceeding Hilux by nearly 2000 vehicles.

The Hilux and the Ranger outsold New Zealand's number one passenger vehicle, the Mitsubishi Outlander, proving that no matter what side of the fence you are on, the trusty ute is here to stay.



Claire.inkson@theguardian.co.nz Optimise and Vitalise managing director Scott Pascoe favours the Toyota Hilux for the company's fleet vehicle.



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